



Parent  
Cue

## SMALL TALK

### MEMORY VERSE

"Be kind and loving to  
each other."

Ephesians 4:32, NCV

### KEY QUESTION

Who can help you?

### BASIC TRUTH

God Made Me

### BOTTOM LINE

God made people who  
help me.

## NOVEMBER

### WEEK 1 | RUTH 1:1-19

Ruth chooses to leave her homeland, after the death of her husband, to go with her mother-in-law, Naomi, to Bethlehem.

### WEEK 3 | 1 SAMUEL 18:1-4; 20

David and Jonathan become very best friends. Jonathan saves David's life by warning him that King Saul wants to hurt him.

### WEEK 2 | RUTH 2:1-23

Boaz sees Ruth working hard in the fields and chooses to help her and Naomi.

### WEEK 4 | 1 SAMUEL 20:14-17; 2 SAMUEL 9:1-13

King David keeps his promise to Jonathan by showing kindness to his son, Mephibosheth.



first look  
HOME





**PLAY TIME:** We all want our children to be a happy helper. You can begin teaching them now. Ask your child to join in with you as you carry groceries or sort laundry. Sing the simple tune below as you help one

another. Singing makes helping fun! (Sing to the tune of "The More We Sing Together.")

"I'm a happy helper, a helper, a helper.  
I'm a happy helper, a helper indeed!  
"God made me a helper, a helper, a helper.  
God made me a helper. Look at me!"



**CAR TIME:** As you drive around, see how many helpers you can spot. When you see one yell out, I see a helper! Ideas: police officer, grocery clerk, librarian, coach, teacher, nurse, friend, family member—help your child see all the people God made who help him or her.



**BATH TIME:** God made your child. One of the things God made your child to do is help others. Two ways your child can help others is by being kind and loving to people. Use bath time this month to help your

child learn Ephesians 4:32, our Bible verse for the month. As you help your child wash his hair and body, repeat Ephesians 4:32 over and over. Say to your child, "God made ME to help YOU. I am being kind and loving when I help you take a bath."



**PARENT TIME:**

This month, your preschooler is learning to be a Happy Helper. He is learning to be "kind and loving to each other." He is learning to take care of others. These are traits that

we as parents love to see developed in our children. However, do we take the time to ensure that they are developing in us?

When you pull the car into the garage at the end of the day, are you ready to be a Happy Helper to your family? Are you ready to be "kind and loving" to the people on the other side of the connecting door? Or, are you about to bring your daily stress into your home? Are you about to do the proverbial "dump" on your spouse and children?

Without intentionality, it is hard to leave our work worries at the door. Without intentionality, it is hard to transition to a Happy Helper and take care of your family. Are you being intentional before you give your loved ones that first "hello" kiss?

Carey Nieuwhof shares how he handles the weekday stress before walking into his kitchen in the November Parent Link Live on [www.OrangeParents.org](http://www.OrangeParents.org).



**CUDDLE TIME:** Cuddle up with your child and pray with him. "Dear God, thank You for making [child's name]. I love him so much. I pray he will always look for ways to be a happy helper. Help us both to be kind and loving to others. We love You, God. Amen."

